

Policy Name	Food & Drink
Date Issued	January 2012
Author / Owner	Hagbourne Pre-School

Statement of Intent

We intend to ensure all food and drink provided to children attending Pre-School is stored and handled in a safe manner.

Aim

To provide snack time food and drinks for children attending Pre-School sessions and to ensure that packed lunches are stored appropriately.

Method

- We provide children attending Pre-School morning sessions with food and drink approximately half way through the session.
- Before a child starts Pre-School, his/her parents / carers are required to inform us of any specific dietary requirements or food allergies or intolerances.
- All children are required to bring a water bottle to enable them free access to water for the duration of the setting. Water bottles must be named. Staff will replenish water bottles where required. Water only is permitted in water bottles, no squash, juice or others drinks.
- We give children a choice of fruit to eat and milk or water to drink. Wholemeal toast is also provided as a more substantial snack. Produce is purchased as required and stored appropriately until needed.
- Fruit is brought as and when required and stored appropriately until needed.
- Milk is delivered every other day to the Pre-School and kept in the fridge until needed. It is then poured into jugs for the children to serve themselves.
- Children who attend Lunch Club bring individual lunch boxes, which are stored in a cooler fridge until required.
- We aim to encourage healthy eating through the curriculum, through the parents' lending library and through informal discussion with the children during lunchtime. Please also refer to our Health & Well Being Policy.
- Ofsted are informed of any food poisoning affecting more than 2 children looked after on the premises.

This policy was reviewed and updated (where required) on 08/01/2022 (date)

Reviewed/updated by Dominique McCann (Chairperson)

Reviewed/Updated by _____ (Manager)

Reviewed/Updated by Julie Higgins (Deputy Manager)